Question: How should the feet be kept in Sajdah?

Answer: Some scholars hold the view that the ankles and feet should be kept together in Sajdah. However, the preferred view of the majority of scholars and jurists is that the Sunnah method of Sajdah is as follows:

Both feet should be kept in an upright position in with the toes firmly on the ground facing the Qiblah. At the same time, the feet and ankles should be kept a reasonable distance apart, similar to the way that they are kept in the standing posture of Salaah.

For a detailed explanation of the relevant proofs and details regarding this viewpoint, refer to our compilation of Fatāwa, entitled: *Fatāwa Darul Uloom Zakariyya*;

Volume 2; pg 133-136.

Allah Ta`ala knows best.

Mufti Radha-ul-Haq

Faculty of Ifta

Darul Uloom Zakariyya

Lenasia, South Africa

11 February 2011

07 Rabi-ul-Awwal 1432